

## How to **STOP** Receiving Mail from Freedom Foundation

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If you are tired of receiving the "opt-out" emails and USPS mailings from Freedom Foundation, please call one of these phone numbers and **request that you be removed** from their mailing and email list, both home and work.

This is one way we can combat the Freedom Foundation from their tearing down, and union-busting activities.

One member has already called the Washington phone number and did it. It is on record that they called, and any attempt by the foundation to now contact the member will be illegal.

The [Freedom Foundation](#) national headquarters/Washington office can be reached at [360-956-3482](#). Other regional office phone numbers include Oregon ([503-951-6208](#)), California ([949-954-8914](#)), Ohio ([380-207-3901](#)), and Pennsylvania ([484-747-6072](#)). For media relations, call [434-326-4183](#).

**Key Contact Numbers:**

- **Washington (Headquarters):**  
[360-956-3482](#)

